

Athletic and Extra-curricular Handbook



NEWARK CCSD 66

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Philosophy

The coaches and staff of Newark CCSD 66 believe a primary goal of athletics is to build character while teaching the fundamentals of the game and/or activity. Our intent is to give all participants a chance to learn, participate, and compete at a level comparable to their skills. We believe sportsmanship is a core value and its promotion and practice are essential. Student athletes and extra-curricular participants have an opportunity to develop into a cohesive unit, learn the value of teamwork, promote loyalty and school spirit, and gain important leadership and sportsmanship skills.

It is our intention to teach your student the skills they need to continue onto the next level. This is accomplished through participation, practices, conference and non-conference games. Extra-curricular activities are an extension of the curriculum. Academic work is our number one priority and must always come first for all student athletes.

Athletics & Activities at MJH

Boys:

5th – 6th Basketball (FVC Conference)

7th – 8th Basketball (Jr. 10 Conference)

5th – 8th Volleyball

Girls:

5th – 6th Volleyball (FVC Conference)

7th – 8th Volleyball (Jr. 10 Conference)

5th – 6th Basketball (FVC Conference)

7th – 8th Basketball (Jr. 10 Conference)

Co-Ed:

5th – 8th Cross Country (IESA)

5th – 8th Soccer (Jr. 10 Conference)

5th – 8th Speech (IESA)

5th – 8th Cheerleading (Jr. 10 Conference)

7th – 8th Scholastic Bowl (IESA)

5th – 8th Track (IESA)

Fees/Physicals

A sports fee of \$50.00 per sport must be paid prior to the first practice.

Scholastic Bowl fee is \$25.00.

A **yearly** sports physical must be presented prior to the first day of practice for students to participate. A sports physical is good for 395 days (13 months).

Eligibility Policy

- Eligibility will begin to be calculated as soon as the student has received four (4) grades in a subject, and then weekly thereafter. Therefore, the first four grades at the beginning of a quarter are extremely important in establishing a passing average.
- After (4) four grades have been recorded and a student's average is below 60%, they will be ineligible for the following week - students must be passing each subject each week to be eligible.
- Ineligibility begins at 12:01 a.m. Sunday and continues until 11:59 p.m. Saturday. If the ineligibility occurs over an extended school vacation, the ineligibility continues until school is back in session.
- During the week of ineligibility, students are not to participate in practices, games and/or any school scheduled athletic event.
- If during their week of ineligibility, no additional grades are entered for that specific subject, the student will regain eligibility status for that specific subject the following week and remain eligible until additional grades are entered for that subject.
- Students that are ineligible for three (3) weeks during a season, consecutive or not, will be ineligible for the remainder of that season. At that time, all uniforms and other team equipment is to be returned to the coach/teacher.
- Any student that is ineligible for three (3) weeks will no longer be considered a member of the team and not eligible for any award connected with that activity.
- A weekly list of ineligible students will be provided to the coach/teacher on the last day of the school week. Classroom teachers will also inform students of their ineligibility. Students are responsible for finding out the reasons for their ineligibility and trying to remedy them as quickly as possible.
- The student will be required to seek additional assistance from the teacher during resource time or before/after school, if parent transportation allows.
- A student will attend home games and sit with the team in street clothes. They are to be useful as needed by the coach and not to sit or socialize in other areas. Academics are every athlete's responsibility.
- Extracurricular participation is a privilege that includes responsibility to you, your coach/teacher and fellow team members. Together everyone achieves more.....TEAM!

Transportation

Student athletes will only be transported to games/events when they are immediately right after school. Jr. 10 Conference games starting by 4:30 will have transportation. Students will need to be picked up by their parent/guardian. Games that begin at 5:00 or later will NOT have bus transportation.

Students will not have athletic transportation any other time during the weekdays or weekends. It is the parent's/guardian's responsibility to transport students to and from home/away games and practices. We appreciate the continued parent support in this area.

Ethics and Code of Conduct for Student Participants

Everything we say and do should be consistent with the six core ethical values which produce good character: trustworthiness, respect, responsibility, fairness, caring and citizenship.

Trustworthiness

- Act so people can trust you.
- Be honest and tell the truth. Don't cheat or steal.
- Have integrity; stand up for your beliefs. Show commitment and courage.
- Keep your promises. Don't spread rumors or gossip that would hurt others.

Respect

- Treat opponents, teammates, referees, and others with respect and courtesy. Do not use insults, negative cheers, or name-calling to put others down. Be polite. Mind your manners.
- Be positive. Help people get better.
- Be on time. Remember your team and coaches are relying on you.
- Treat everyone equally.
- Listen to others. Respect opinions.
- Don't use violence to threaten, push or shove anyone.

Responsibility

- Think before you act. Think about consequences and how your actions can affect others.
- Take responsibility for your choices. Don't blame others for what you do or take credit that doesn't belong to you.
- Set a good example in everything you do.
- Do your best. Make all you do worthwhile!
- Always control yourself. Don't throw things, scream or use foul language.
- Do what you should do even when it is hard or you don't want to.
- Don't brag when we win or complain and make excuses when we lose.

Fairness

- Play fair and with honor.
- Play by the rules.
- Give everyone a fair chance to learn and play.
- Be a team player.

Caring

- Be kind and caring.
- Think of the team.

Citizenship

- Obey the rules. It is unfair for some to play by the rules while others don't.
- Listen to your coaches, referees and parents.
- Respect authority.
- Do your share.
- Help your team and community.

Ethics and Code of Conduct – Parents/Spectators

- Parental involvement is essential to the success of our students! Help us maintain a positive environment for the development of our student athletes.

- We expect our fans to model appropriate behavior at all times.

- Heckling, booing, foul language and other derogatory behavior will result in the removal of the individual according to district policy by the administrator, school employee, or board of education member on site.

- Respect participants, officials, opponents, coaches, and other spectators associated with the event, at all times.

- Encourage participants with positive feedback and constructive advice / guidance.

- Avoid criticism of game officials and sideline coaching which detracts from the performance of the student.

- A ticket to the game is a privilege to observe the contest.

- Learn the rules of the game, so that you may understand the game and appreciate the effort of the participants.

- Remember that the school athletic experience is a learning experience for students and mistakes are sometimes made.

Communication with Coaches

Concerns about your student may be expressed during the appropriate time and place.

Please do not confront coaches before, during, or after a game, meet, or invite. You must wait 24 hours before you talk to the coach. These can be emotional times for both parents and coaches. Discussions should not take place in front of other players or spectators. Please feel free to contact the coach at a different time to set up a meeting to discuss any concerns.

If the parent feels their concern is not adequately addressed after a scheduled meeting with the coach, the parent should contact the AD/Principal to schedule a meeting. If the issue cannot be resolved at this level, the parent is welcome to schedule a hearing with the superintendent and/or board of education at the next regular scheduled board meeting.

Appropriate concerns for discussion with the coach include: what your child needs to do to improve, mental and physical treatment of your child and aspects of your student's behavior.

Concerns that are not appropriate for discussion and must be left to the discretion of the coach include: amount of playing time each athlete is getting, team strategy and play-calling or any situation that deals with someone else's student.

Volleyball

5th – 6th Girls Coach: Mrs. Amber Wills (awills@ngsd66.org)

7th – 8th Girls Coach: Ms. Allie Skinner (askinner@ngsd66.org)

5th – 8th Boys Coach: Mrs. Michelle Kruser (mkruser@ngsd66.org)

- Game times are different for each conference. Please check the schedule.
- Players should attend all practices and games. Please contact the school and inform coach about any planned absences.
- Players should cooperate with coaches, teammates and school personnel. They should always follow directions the first time they are given.
- Uniforms are to be kept clean and in good shape. (Please line/hang dry jerseys.) It is the player's responsibility to have his/her uniform, shoes, socks, and knee pads ready for every game.
- During games, players should be in the gym, seated with their team cheering on our Newark teams. Always ask permission to leave the gym. We are responsible for knowing where our players are.
- Behavior both during practices and games should always reflect positively. You are representing Millbrook Junior High, your teachers, your coaches, the Newark community, and most importantly your family.
- The coaches would appreciate the prompt pick-up of players after practices and games.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents, you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment for our athletic program.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Soccer

5th – 8th Coach: Ms. Kelly DeGarmo (kdegarmo@pasec.net)

- Please be prompt and on time for practices and games.
- All soccer games begin at 4:15 unless indicated differently on the schedule.
- A note is needed if you are going to miss a practice or a game. If you are excused from school, the office will let Coach DeGarmo know. Intentionally missing practices or games will result in reduced playing time. Please contact coach if you have to miss a practice or game.
- No horse play on the bus or during practice. We can have fun at practices without horseplay.
- Everyone likes to play in games, not everyone likes to practice. If you do not participate in practice, you will not participate in the game.
- On a day when there is no school due to a holiday or cancelled due to the heat index, there will be no practice.
- The coaches would appreciate the prompt pick-up of players after practices and games.
- Behavior both during practices and games should always reflect positively. You are representing Millbrook Junior High, your teachers, your coaches, the Newark community, and most importantly your family.
- Water bottles are highly encouraged for practices and games.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents, you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment for our athletic program.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Cross Country

5th – 8th Coach: Mrs. Jenna Johnson

(jjohnson@ngsd66.org)

- Please be prompt and on time for practices and meets.
- A note is needed if you are going to miss a practice or a meet. If you are absent from school, please let coach know of your absence.
- No horseplay at meets or during practice. We can have fun at practices without horseplay.
- On a day when there is no school due to a holiday or cancelled due to the heat index, there will be no practice.
- The coaches would appreciate the prompt pick-up of athletes after practices and meets.
- Behavior both during practices and invites should always reflect positively. You are representing Millbrook Junior High, your teachers, your coaches, the Newark community, and most importantly your family.
- Water bottles are highly encouraged for practices and invitationals.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- If there are any changes, bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Basketball

5th – 6th Boys Coach: Ms. Kelly DeGarmo (kdegarmo@pasec.net)

7th – 8th Boys Coach: Mr. Micah Bennett (mbennett@ngsd66.org)

5th – 6th Girls Coach: Mr. Don Smith (dsmith@ahwllc.com)

7th – 8th Girls Coach: Mrs. Jane Crowe (jcrowe@ngsd66.org)

- Game times are different for each conference, please check the schedule.
- Please be prompt and on time for practices and games.
- A note is needed if you are going to miss a practice or a game. If you are excused from school, the office will let coaches know. Intentionally missing practices/games will result in reduced playing time. Please contact coaches if you have to miss a practice or game.
- No horse play. We can have fun at practices without horseplay.
- Everyone likes to play in games, not everyone likes to practice. If you do not participate in practice, you will not participate in the game.
- During conference and tournament games, playing time will be awarded in order to give us the best chance to win.
- The coaches would appreciate the prompt pick-up of players after practices and games.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High, your teachers, the Newark community, and most importantly your family.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents, you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment for our athletic program.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Cheerleading

5th – 8th Coach: Ms. Katie Bedford

(kbedford@ngsd66.org)

- Shell Top and Skirt will be provided. (Additional uniform items will need to be purchased)
- Practice attire: gym shorts, t-shirt, and cheer shoes.
- Full uniform must be worn at game or cheerleader sits out.
- Practice schedule will be provided. Most practices will be at Newark Grade School.
- Please pick up your student promptly after practices and games. There is no school transportation provided.
- Cheerleaders are expected to attend every practice and game. Missing practice will result in loss of time cheering at next game.
- All cheerleaders need to be in the gym (home or away) and ready to cheer at least 20 minutes before the start of the game.
- Once Cheerleaders are at the game they are expected to sit with their team and remain in the gymnasium.
- All games will begin at 4:30pm this year unless otherwise noted on the schedule.
- Cheerleaders will be allowed to tumble and do cheerleading mounts only after the coach teaches the proper techniques and training.
- Behavior both at home games and away, should always reflect positively. You are representing Millbrook Junior High, your teachers, the Newark community, and most importantly your family.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- We need parents' help for the concession stand. Please consider helping out. As parents, you are an important part of your athlete's development and automatically a sports booster's member. Your time helps purchase uniforms and equipment for our athletic program.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Speech

5th – 8th Coach: Ms. Laura Blaskey

(lblaskey@ngsd66.org)

- Please be prompt and on time for practices.
- A note is needed if you are going to miss a practice. If you are excused from school, the office will let me know.
- Coach Blaskey would appreciate the prompt pick-up of participants after practices.
- Behavior both at practices and meets should always reflect positively. You are representing Millbrook Junior High, your teachers, the Newark community, and most importantly your family.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Players must be passing all classes.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)

Scholastic Bowl

7th/8th Coach: Mr. Norman Lee (nlee@ngsd66.org)

- We encourage attendance at practices. Please be sure you are able to pick up your student promptly by 4:15 pm. Please let me know if you will not be able to attend practice.
- Participants will be expected to wear clean, khaki pants or jeans, providing there are no holes in them when we attend meets. We have team shirts.
- We expect our students to represent our school in a positive manner at all meets for this activity. The academic coach will monitor student behavior at each meet. Inappropriate behavior will lead to disciplinary measures based on the discretion of the coach.
- Students should not have Notes of Concern or detentions for poor behavior
- 7th grade sets up and can leave after their meet which begins promptly at 4:00
- 8th grade helps to clean up and can leave after everything is put away
- Each meets lasts approximately 45 – 50 minutes
- Parents/spectators are welcome and encouraged
- No cell phones for students. Parents please shut off or silence the ringer.
- No gum
- No applauding until after the match is over.
- Once the match has begun, the door will be closed until after the two-minute half-time break.
- There is a five minute intermission between matches.
- Please pack an extra snack for your student after school.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Students must be passing all classes.
- If there are any changes, students will receive notices, be required to call home, and the website will be updated. (www.newarkdistrict66.org)

Track

5th – 8th Coach: Ms. Laura Blaskey (lblaskey@ngsd66.org)

5th – 8th Asst. Coach: Mr. Tony Rizzo (arizzo@sd129.org)

- You are to show up to all practices and meets. You made the choice to be on this team, therefore I expect you to show the commitment.
- Be on time.
- Players should respect coaches, teammates, opponents, equipment, officials, and fans. They should follow directions the first time they are given.
- Uniforms are to be kept clean and in good shape. It is the player's responsibility to have his/her uniform, shoes, socks, and ready for every meet.
- During meets athletes should be seated close to the team. Always let me know where you are. We are responsible for knowing where our players are.
- Behavior both at meets and practices should always reflect positively. You are representing Millbrook Junior High, your teachers, the Newark community, and most importantly your family.
- The coaches would appreciate the prompt pick-up of players after practices and meets.
- School work and grades are our number one priority. Please work hard to keep track of homework, develop good study habits, and use time wisely. Eligibility will be tracked weekly. Students must be passing all classes.
- If there are any changes, a bright arrow message will be sent, students will receive notices, be required to call home, and/or the website will be updated. (www.newarkdistrict66.org)
- Most importantly, have fun!

Directions to Schools

AURORA CHRISTIAN – 2255 Sullivan Road, Aurora, IL.

Rte. 71 to Orchard Rd.. Turn left, continue on Orchard Rd. to Sullivan Rd.. Turn right, continue on Sullivan Rd. to Bowman St.. Turn left, the school is on the right.

BIG ROCK – Rte. 34 West in Plano. Turn right on Little Rock Rd. (near WalMart). The road curves around. Continue on Little Rock Rd./Granart Rd. through 2 stop signs. After Jericho Rd. go over the small bridge and turn left on Rhodes Ave.. Continue to Rte. 30. Turn right, the school is on the left.

CROSS LUTHERAN – 8535 Route 47

Rte. 71 to Walker Rd. Turn right, continue on Walker Rd. to Rte. 47. Turn left, continue on Rte. 47 to Ament Rd. Turn left, the church/school is on the left.

EARLVILLE –415 W. Union Street, Earlville, IL.

Rte. 34 West in Sandwich, continue through Somonauk and Leland. Turn right on 1251st St./Ottawa St.. Continue to W. Union St.. Turn left, the school is on the left.

GRAND RIDGE GRADE SCHOOL – 400 West Main Street, Grand Ridge, IL. – Route 23S/ IL-23 South to Main Street. (School is on corner of 23 and Main St.)

HARDING – Rte. 71 to Rte. 52. Turn right on Rte. 52. Continue through Serena to the intersection of Rte. 52 & 23. Turn right onto Rte. 23. Continue 1 ½ miles to Harding Rd. Turn left, the school is on the right.

HINCKLEY – Somonauk Rd to Rte. 30 in Hinckley. Turn right, the school is on the left. OR, take N. Latham St. out of Sandwich to Rte. 30 in Hinckley. Turn left, the school is on the right.

ICS – (Immaculate Conception School 505 E. North St.)

Take Rte. 47 south to Morris. Turn left on North St.. The parking lots are on Pine and Price Streets.

LELAND – Rte. 34 West in Sandwich through Somonauk. Turn right at Leland sign. Continue to the “T” intersection. Turn right, the school is on the left, past the downtown area.

LISBON – 127 S. Canal St

Newark Rd to Lisbon Rd. Turn right. Continue through Helmar, to Rte. 52. Turn right on Rte. 52. Continue on Rte. 52 and at the curve, GO STRAIGHT on Lisbon Rd.. Continue to N. Canal St, the school is on the left.

MARSEILLES – (201 Chicago St)

Rte. 71 to Marseilles Rd.. Turn Left. Continue about 8 miles. At stop sign, cross over Rte. 6, continue on Main St. to Broadway St.. Turn left. Continue on Broadway St., the school is on the right.

MILTON POPE – Rte. 71 South to County Line Rd.. Turn left, continue to Rte. 52. Turn right, continue on Rte. 52 to E. 29th Rd/Seneca Rd.. Turn left, continue on Seneca Rd. (watch for Milton Pope School Sign) to N. 32nd Rd. Turn right, the school is on the left, E. 28th Rd..

MINOOKA – 400 Coady Drive, Minooka- Rte. 71 to Rte. 52. Turn left. Crossover Rte. 47, continue to Ridge Rd.. Turn right, continue to McEvelly Rd.. Turn left, the school is on the left.

NETTLE CREEK – 8820 N. Scott School Road, Morris, IL

Townhouse Rd. to Rte. 52. Turn left on Rte. 52 and then right on Townhouse Rd.. Continue to Minooka Rd.. Turn left, continue to Scott School Rd. (Tall Pine Trees). Turn right, continue on Scott School Rd.. The school is on the left.

OSWEGO THOMPSON – Rte. 71 East to Rte. 34 in Oswego. Continue on Rte. 34 to Boulder Hill Pass. (across from the golf course) Turn left, the school is on the right.

OSWEGO TRAUGHBER – Rte. 71 East to Washington St. in Oswego. Turn left, continue to Franklin St.. Turn right, the school and parking lot are on the right.

INDIAN CREEK – Rte. 34 West in Sandwich to Somonauk Rd.. Turn right, continue to Chicago Rd.. (red blinking light) Turn left, continue to Rte. 23. Turn right, continue to Preserve Rd.. Turn left, continue to S. Elm St.. Turn right, the school is on the left.

PARKVIEW CHRISTIAN – 201 W. Center Street, Yorkville – 47 North to Center Street – turn left

PAW PAW JR. HIGH – 511 Chapman Street, Paw Paw – Fox River Drive to Griswold Springs turn left. Take a right onto Little Rock Road. Turn left on Creek Road. Turn left on Galena Road. Continue on Chicago Road stay left. Turn left onto Chapman Street.

RUTLAND – Rte. 71 South through Norway. Continue on Rte. 71 and just past Wedron Blacktop, the school is on the right.

SANDWICH DUMMER – N. Johnson St. to Fox River Dr.. Continue on Fox River Dr. to Vine St.. Turn right. Continue to Bridge St.. Turn left, go over the bridge, continue on Millington Blacktop/County Line Rd. to Lions Rd.. Turn left, continue on Lions Rd. to Wells St.. Turn right, the school is on the right.

SARATOGA CCSD 60C – 4040 N. Division St., Morris – Route 47 South

SERENA – Rte. 71 to Rte. 52. Turn right, continue on Rte. 52 to Serena Fire Dept.. Turn right, the school is on the right.

SHABBONA – MORRIS - 725 School Street - Rte. 47 to Rte. 6. OR (Lisbon Rd. to Rte. 6) Turn left on Union St. Take first Right – school is on the left.

SHERIDAN – Rte. 71 to N. 41st Rd. or Bowen Rd.. Turn right, continue to Sheridan. The school is on the left. The Sheridan Library is on the right.

SOMONAUK – Johnson St. to Fox River Dr.. Continue on Fox River Dr. to Vine St.. Turn right. Continue to Bridge St.. Turn left, go over the bridge, continue on Millington Blacktop/County Line Rd. to Rogers Rd.. Turn left, continue on Rogers Rd. to E. 29th Rd.. Turn right. Continue on E. 29th Road to County Line Rd. or N. 48th Rd.. Turn left, continue on LaSalle Street in Somonauk. The school is on the right

ST. MARY'S (Plano) - Rte. 71 to Millbrook Rd.. Turn left, continue to Fox River Dr. Turn right, continue to Rte. 34 in Plano. Go straight to Abe St.. Turn right, continue to Center St.. Turn left, continue on Center St, the school is on the left.

WALLACE – 1463 N. 33rd Road - Rte.71 to Rte. 52. Turn right, continue on Rte. 52 to Rte. 23. Turn left, continue on Rte. 23. Stay on Rte. 23 to Ottawa. After Pitstick Pavilion watch for the Wallace/Waltham sign. Turn right, the school is on the right.

WALNUT TRAILS ELEMENTARY – Rte. 71 to Walker Rd. Turn right, continue on Walker Rd. to Rte. 47. Turn right, continue on Rte. 47 to E. Rte. 52. Turn left, continue on E. Rte. 52 to Wynstone Dr. Turn right, continue on Wynstone Dr. for ½ mile. The school is on the right.

WALTHAM – Interstate 80 to exit 81- Rte. 178. Turn left, continue south on Rte. 178 to Utica. After the railroad tracks Waltham South is at the bottom of the hill. As Rte. 178 takes a sharp turn to the left, go past the school and turn right at the next stop sign. Go one block and turn right at Duffy's. Do not cross the canal. Continue down the block and turn right at the school.